

**Movie
Night with
the BBFC**

***My Octopus
Teacher***



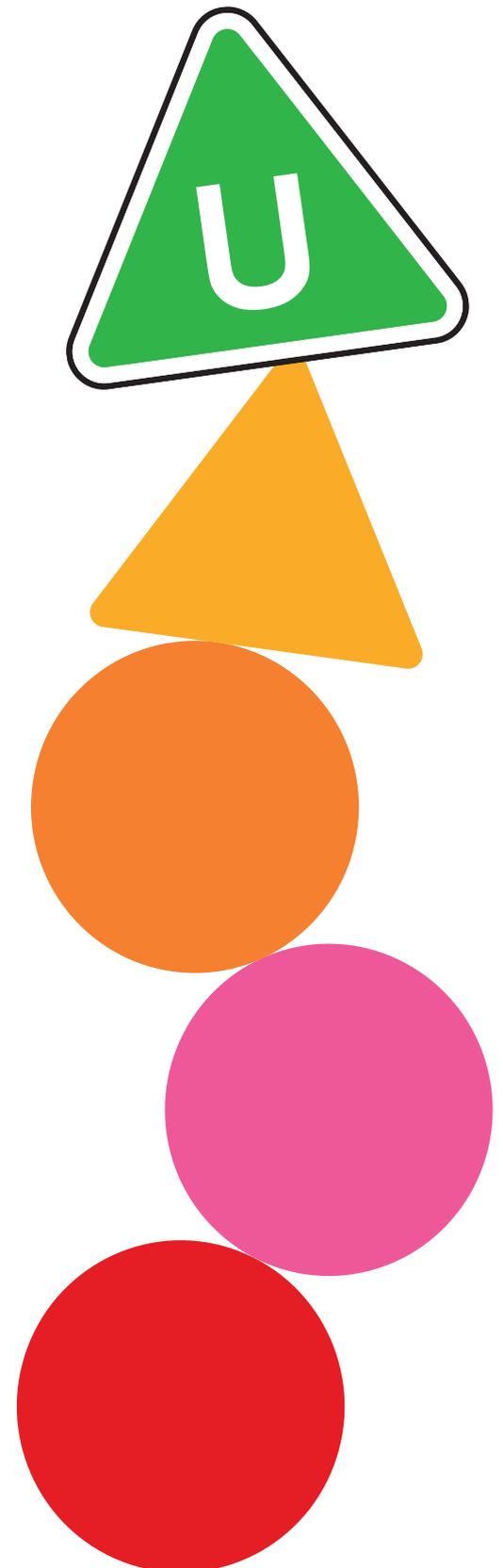
Coming together as a family is more important than ever, so why don't you grab some popcorn and a blanket, head to the sofa, and throw a good old fashioned movie night!

This pack will contain everything you need to set up a fun film night, which is suitable for all the family. We've included a film suggestion, along with information about the age rating and ratings info. This pack also includes a fun, film related activity section - and some discussion points at the end, so when the credits roll, you can have a discussion with your kids about what you've all just seen. Although children of all ages may enjoy this pack, we think it's especially suited to **4 - 11 year olds**.

This pack will set you up to watch *My Octopus Teacher*.

What you'll need:

- ▲ Popcorn, or another yummy movie snack, what's your family's favourite?
- ▲ A blanket, slipper socks, and PJs! You're at home on your sofa, so you might as well get comfy!
- ▲ Turn the lights down low, or even better turn them off completely to get that authentic cinema experience.
- ▲ Ask your family to design their own tickets, and hand them over to you at the door. They just need to include the film title, the age rating and ratings info, and the price that you'd like to charge. We've included a template for them in this pack to get you all started.
- ▲ You can also ask your children to draw a poster advertising the film night - including a drawing of the main character, the age rating and ratings info. Don't forget to advertise what time you're going to start your movie night!
- ▲ You can stream *My Octopus Teacher* on Netflix. We've rated it U, which stands for Universal.



What do parents need to know?

Here's a round up of everything you need to know before you press play and watch the film with your children. It includes a short synopsis as well as the long ratings info that you can find on our website. This tells you all the category defining moments in the film.

Synopsis:

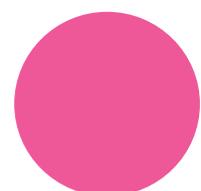
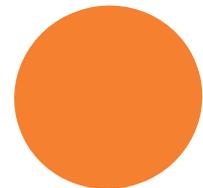
My Octopus Teacher (2020) is a documentary about a filmmaker who forges an unusual friendship with an octopus living in a South African kelp forest, learning as the animal shares the mysteries of her world.

Ratings Info:

references to violence, injury detail, language, threat, animals hunting

About the age rating:

We've rated *My Octopus Teacher* U. This means that we think the content is suitable for all ages, including children as young as four. But every child is different so it's always worth checking the ratings info for a U film if you are considering showing it to very young children. U films should have a positive overall tone. We think carefully about what very young children already know, what might scare, confuse or upset them, and the lasting impression the film might have. If there is any violence or threat it should be over quickly and reassure children that everything will be ok. U films should make clear the difference between right and wrong.



Activity Print Out For Kids

Can you unscramble these letters to find the words?



OCTOPUS

KELP

SEA

SHARK

DIVING

UNDERWATER

CRAIG

KAHSR

ASE

SOPTCU

VINDIG

DNUERTAWER

GAIRC

LPEK

You'll need a ticket for your movie night! Why don't you fill in our template.

Don't forget to include the film title, age rating, ratings info (which you can find in this pack), the time the film starts, and admission price:



Imagine you're swimming around the South African kelp forest and see a magnificent sea creature! What do they look like? What colour are they? Do they have fins or do they have lots of tentacles like Craig's octopus friend? We'd love to see your creation, so your parents can take a photo of it and tag the BBFC in it on social media:



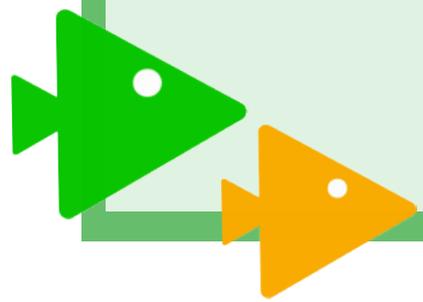
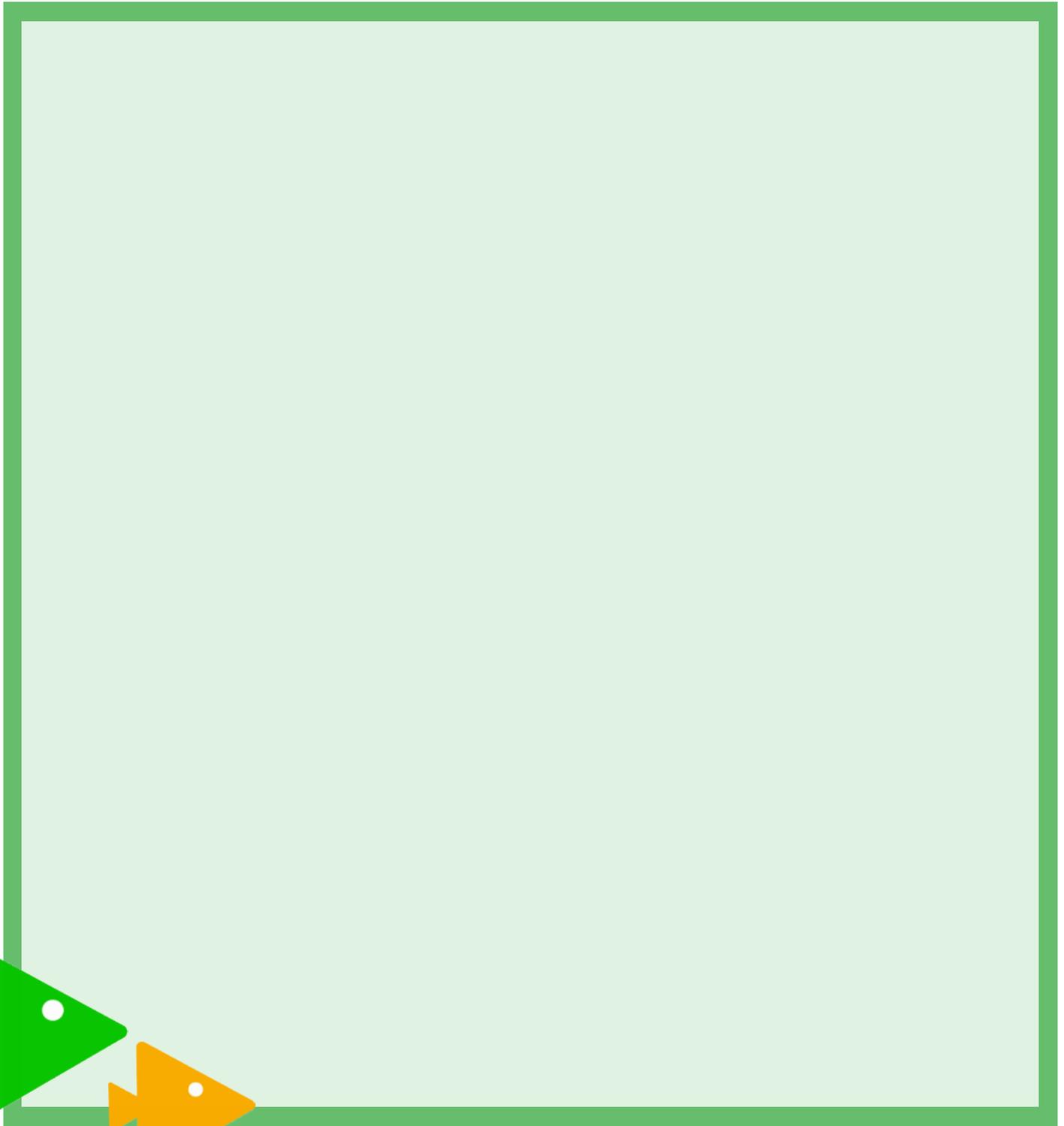
@BritishBoardFilmClassification



@bbfc



@bbfc_ageratings



For the whole family: Now it's time to talk about the film



Did you enjoy the film? How did it make you feel? Were there any bits of the story that you didn't like? Who was your favourite character? Did you learn anything from the film? If so, what?



Do you agree with the BBFC age rating? What about the info for parents? Would you add or remove anything? Is it helpful to know about what is in a film before you watch it?



Craig decides to reconnect with his childhood passion and dive in the kept forest every day for a year. Why do you think he does this? How important is it to take a break and do things you enjoy?



Craig asks the question, "Why do the same thing, go to the same place, every day?" Why do you think it's important that he keeps returning to the same place? How does it help him connect with the environment around him?



In the film, we see Craig and the octopus grow closer over time. How does Craig help grow this relationship? Why do you think the octopus learns to trust him? Were you surprised by their friendship?



What does Craig learn about octopuses? Did you find out anything that surprised you about the sea creatures?



A habitat is a place where animals live. How would you describe the octopus's habitat? What do you think it would be like to live there?



As Craig observes the octopus, there is an incident with a shark where she is injured. Why was it important that Craig not interfere with what was going on in the kelp forest? What did he learn from the accident? What does the story tell you about recovery and learning from your mistakes?



The octopus mates with a male octopus and produces a large number of eggs, she then dies naturally while tending to them. A life cycle is the stages a living thing goes through in life. What does the film tell you about the life cycle of a female octopus?



Predators are carnivorous which means that they live by eating other animals, which are known as prey. In the film, we see the octopus hunt for food and play around with fish. Where do you think the octopus fits into the foodchain?



At the end of the film, Craig gets to share his love for diving with his son. How does their love of the water bond them? Can you think of an activity you would like to share with your family or friends?